



Suicide is the third-leading cause of death for young people ages 15 to 24. About 20 percent of all teens experience depression before they reach adulthood. People right next to us are hurting and we may not know. **Let's start the conversation.**

Teens Finding Hope will be hosting a city-wide conference in Portland, Oregon on September 29th called Armed with Hope. It is for anyone who is impacted by teen depression (teens, family members, and other adult stakeholders.) This Poster Contest will not only advertise the event, but it will also provide a way for teens to reach out and begin helping each other.

Details, information and resources are on the website: teensfindinghope.org

Theme: *Armed with Hope* Create a 11" X 17" poster that illustrates positive sources of hope for students who struggle with depression or anxiety.

What can hope look like in your school?

Guidelines for Portland, Oregon area poster contest:

1. Posters must have a positive visual and verbal message and illustrate this year's theme.
2. Posters must be appropriate for all age levels, religions, and ethnicities.
3. Any medium may be used, (crayon, paint, pencil, marker, photographs).
4. Registration slips will need to accompany each poster for it to qualify. Permission must be given for photographs to be used.
5. Poster must measure 11"x 17"
6. No professional or copyrighted material or images
7. Open to all students in grades 6 -12
8. Understand that by completing your submission, you are giving Teens Finding Hope permission to use your work in publicity campaigns and educational purposes.
9. Entry Deadline: April 3rd, 2018. **Please send in poster tube, if possible, to Teens Finding Hope, 15835 SW Bobwhite Circle, Beaverton, OR 97007.**
10. Submissions will be judged on creativity and message. The decision of the judges is final.
11. The top three winners will each receive \$50 gift cards (based on matching theme and positive message.)
12. The winning posters will be reproduced and displayed for the upcoming Armed with Hope Conference September of 2018.

Go to Teensfindinghope.org to download registration slip or link below.



Link to Registration Slip

Teens Finding Hope Portland Metro area Poster Contest Registration Slip

Please attach to the back of your poster. WINNERS NOTIFIED BY EMAIL Entries that do not have a form attached will not qualify for contest. Entries must be received by April 3rd. Please send in poster tube if possible to Teens Finding Hope, 15835 SW Bobwhite Circle, Beaverton, OR 97007. Any questions may be directed to Kristi Barth @ 503-936-9997 or teensfindinghope@yahoo.com.

Name: _____

Grade: _____

School: _____

Phone #: _____

Email: _____

Please note that by submitting a poster to Teens Finding Hope you hereby agree that your poster or representations of your poster may be used in professional, educational, exhibition, video production and /or presentations for Teens Finding Hope. Any special considerations about this poster that will help us understand or appreciate it?

Is this artwork in memory or honor of someone? If so, please list name.

Artist's Signature:

Parent/Guardian Signature (If under 18):

Date: _____

For more information, resources or help visit teensfindinghope.org

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